

SUNDAY 24th November 2019, 9am Start

\$12 per athlete maximum of 5 events (plus cross country & relay)

Nominations close Saturday 16th November 2019 (no late entries)

(U6 athletes receive a participation medallion)

Events:

- U6 70m, 100m, L/J, Discus
- U7 70m, 100m, L/J, Discus, Shot Put
- U8 70m, 100m, 500m, L/J, H/J, Discus
- U9 100m, 400m, 60mH, H/J, Discus, Shot Put
- U10 100m, 400m, 60mH, L/J, Discus, Shot Put
- U11 100m, 400m, 80mH, H/J, T/J, Javelin, Shot Put
- U12 100m, 800m, 80mH, H/J, L/J, Javelin, Shot Put
- U13 100m, 800m, 200mH, H/J, T/J, Javelin, Discus
- U14 100m, 800m, 200mH, H/J, T/J, Javelin, Discus
- U15 100m, 800m, 300mH, H/J, L/J, Javelin, Shot Put
- U16/17 100m, 800m, 300mH, H/J, L/J, Javelin, Shot Put
- U9-U17 Cross Country (U9/U10 1000m) (U11-U17 1500m) (noms taken on the day)
- U9-U17 4x100m relay (free entry taken on the day, no medals)



Medals for U7 - Open (1st, 2nd & 3rd)

Note: cross country medals will only be awarded in 2 groups U9/U10 & U11-U17

All nominations must be made via ResultsHQ (not including opens)

1. Login to your family portal at www.resultshq.com.au and choose "Nominations".

HOME CALENDAR **NOMINATIONS** RESULTS RECORDS ACHIEVEMENTBOOK

3. Choose the Jimboomba Annual Carnival meet and select events.

Host Centre	Meet	Meet Date	Cutoff Date	
Jimboomba Carnival	JimboombaAnnualCarnival2019	24Nov2019	16Nov2019	Begin Nomination

4. Proceed to payment pages.

U20/Open athletes (including parents) are invited to compete

\$15 entry fee (includes QA base membership), or \$5 QA members

- 100m 800m H/J L/J Javelin Shot Put Discus 1500m Cross Country

Name _____ DOB _____ Club _____

Phone _____ email _____

Email your entry to jimboombalac@jac.asn.au. Payment is via direct deposit.

Jimboomba Little Athletics, PO Box 410, Jimboomba QLD 4280, Enquiries: 0480 108 563

Bank Details: Jimboomba LAC BSB 633000 ACC 145578837 (Bendigo Bank) Use surname as a reference