

Rules and Expectations for Behaviour

In the spirit of great competition and great fun as well as athlete safety, we provide the following rules and expectations for behaviour:

1. All helpers on the field must wear a high visibility vest.

- To assist children and volunteers on the field, Age Marshals wear an orange vest and other helpers wear a yellow vest.
- Adults and children who are not helping or competing should remain on the outside of the track. They are not permitted on the track or the field.

2. Children must follow all directions given by the Age Marshal without question.

- If a child chooses not to comply with this rule, they may be withdrawn from the event. If the child continues to misbehave, they may be withdrawn from the competition for the remainder of the evening. Age Marshals should send the child to the office where their parents can be called to collect them.

3. Children must stay close to their event and be ready for their turn.

- With the exception of children who are dismissed temporarily, for example to go to the toilet, athletes have 30 seconds to complete their attempt once their name has been called, ie. call their name twice, and then they miss their turn.

4. Children are not to play on or touch equipment unless it is their turn to compete and they are being closely supervised by their Age Marshal or designated helper.

- This includes especially dangerous equipment such as shot puts, discuses and javelins, but also high jump equipment, long jump pits, hurdles, starting equipment and so on.

5. Children must not cross the field without adult supervision.

- Since shot puts, discuses and javelins are all being thrown into the centre of the field, this especially is not a safe area and requires strict supervision.

6. Children must not cross the track at any point without adult supervision.

- In the fairness of competition, athletes running on the track who are really trying their hardest and doing their best deserve a clear path to the finish line.

7. Be nice, be encouraging.

- No swearing, nastiness, bullying or harassment. Children should know "if you haven't got anything nice to say, don't say it at all".
- We are a team, we do our best, we encourage each other.